

A NEW BREED OF DOCTOR AND AMERICA'S NEWEST HEALTH CRUSADER



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This is article No. 3 and we are going to look at fear and on limited beliefs. It is the conscious belief throughout this nation, and around the world, that sickness, disease and premature death originates outside of the body your body. If you now suffer poor health, I'm here to tell you that is not true. It's a lie, perpetuated by the medical profession to keep you on the drug merry-go-round, for a lifetime.

I was where most of you are today from age 5 until I was 28 years old. I was told I had bronchitis, a respiratory disorder, and in order to get well I would have to take prescription drugs for life.

My parents knew nothing about natural **DRUG FREE** health care. So I started taking the Medical Doctor's prescribed drugs. I was hooked for 23 years, like many of you are. The unfortunate thing about medical philosophy is that you never truly get well, plus you are hooked on drugs forever. In fact, in my situation, I got worse, asthma was my next step. By the way, my full story is the first chapter of my book "**Why Didn't Someone Tell Me Sooner?**" **I Can Get Well Without Drugs!** You can go to my Web site at

www.barilenaturalwellnesscenter.com, go to the link that says Dr Barile's New Book, and print the entire first chapter, free of charge.

After 23 years of being hooked on drugs, I made the most important decision of my life. I took charge of my life and health and sought after a **DRUG FREE** Alternative Healer. Under his specialized care, I got well in 8 months, not 23 years. I never went back to that sick body ever again. If that can occur for me, it can happen to you as well.

I'm going to share with you a true fact of life. Sick people choose a Medical Doctor and the drugs they prescribe out of fear. There are two aspects of that fear. The first comes from the M.D. themselves, with the concept that if you don't take these drugs, you will not get well. The second is in your mind. You develop the thinking that if I don't take them, I will surely die. This may come as a surprise to you, but drugs, **ALL DRUGS**, have no curative value what-so-ever!

Drugs have only two functions. To either stimulate or inhibit function period. What you have been told by medicine, in general, is an absolute lie. If drugs were the answer to sickness, disease and premature death, we would all be well and we are not! Drugs cure nothing. We have a GNP for health care at 1.7 trillion dollars in this country alone. The system will go bankrupt if something is not done and quick!

My solution is to do what I did...take charge of your health and seek out a **HEALTH COACH**, someone like me. With many years of clinical experience and know how, who knows what it's like to suffer poor health under the medical establishment and can show you how to reverse your health through a sound, natural, **DRUG FREE** procedure. A procedure that gets results when all else has failed.

Now, I personally don't take drugs. In fact, I very rarely feel ill. I'm full of abundant life and health and I am pushing 80 years young. You see, I am sharing this with you because I bought that lie early in life and it took me 23 years to find out drugs do not get sick people well. I began to educate myself. I attended lectures and seminars and that's what I am asking you to do.

Read my book, or at least the first chapter. You can print it off **FREE** right from my web site, and by all means, attend my in house wellness classes every 1st and 3rd Tuesday of the month. Also

look for my Wellness Seminar at two major restaurants and join me for a complimentary luncheon. Come meet a new breed of Doctor. I will even demonstrate, **LIVE**, my philosophy of health. (Check the Beacon for times and dates.)

Fear will destroy your life and keep you in bondages. You can dispel that fear by coming to hear me speak, and in doing so, educate yourself on how to get well. I am an excellent coach and I am available 24/7. I make house calls. I have been doing so for the past 45 years.

Don't listen to the gloom and doom. There is a collective belief that you can barely survive and are just getting by. The world offers us one reality to believe in. Within that reality we have the agency and right to choose to go along with it or create our own reality. The world currently believes that "times are hard", "times are scary", "terrorists could attack at any moment," "the economy is bad", etc, etc, etc. Even though the world reality is choosing this, you can choose an alternative reality. We are only bound by belief. Choose the following beliefs to create a reality to help you thrive.

1. "I am prepared and I choose to live in the moment and focus on how safe my immediate world is".

2. "I am grateful to know that God is watching over me and the entire world to assist us in choosing a peaceful solution to our differences."

The greatest power you have, right know and always, to change the worlds belief system is to change yours. Learn to love and forgive others, which means stay free of condemning or judging the other person or persons in your life.

My next article will appear in 2 weeks. Stay well and keep in touch.

Visit my Web site, www.barilenaturalwellnesscenter.com. If you have any questions or want to make an appointment for a **FREE CONSULTATION AND PRELIMINARY EXAM**, call me personally on my 800 number, 1-800-726-9355 (WELL), or my cell at 1-813-431-8226.